

Our club was founded by Mr. Roy Collins in 1977.

After a 23 year hiatus, Roy had just started running again, slow & short .... but before long, he had a marathon in his sights. At the same time, a neighbour, Dr. Dave Donevan, saw Roy and they started to run together. As they piled on the miles, they would see many other runners, usually running alone. It made sense to Roy and Dave to try and form a club for all who wanted company and motivation for their running.

So, they put an ad in the St. Catharines Standard, encouraging anyone interested to attend a meeting. A small group met with them in 1977 and the St. Catharines Roadrunners was formed.

The group nominated Roy as President. Their initial meets were in Burgoyne Woods, Wednesday evenings and Saturday mornings. Within a year in February 1978, this new club held its first event, the Valentines 5km. This was followed by the Run for the Grapes 10 miler and 2.5 mile fun run in September 1979. This event was sponsored by the St. Catharines Standard.

The club continued to grow and other races were added: the 12 Mile Creek Half Marathon, the Niagara Ultra and Head for the Hills. All of these club races have consistently raised significant funds for local charities and agencies.

Roy Collins still runs and races today!